

15 April, 2026

NEWSLETTER



HOPE FOR LIFE FOUNDATION

DAYCARE AND REHABILITATION CENTRE FOR CHILDREN WITH SPECIAL NEEDS



HOPE FOR LIFE FOUNDATION

Daycare and Rehabilitation Centre for Children with Special Needs.

MONTHLY NEWSLETTER

This Newsletter Highlights Achievements and Improvements.



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The Role of Physical Therapy in Improving the Quality of Life for Children with Special Needs



Physical Therapy (PT) plays a crucial role in enhancing the lives of children with special needs by improving their movement, strength, balance, and coordination. At Hope for Life Foundation, we focus on individualized therapy programs designed to help every child grow more independent and confident in their daily life.

Pediatric physical therapy targets essential areas such as:

- Gross motor skills
- Posture and mobility
- Muscle strength and coordination

At Hope for Life Foundation, pediatric physical therapy focuses on key developmental areas, including gross motor skills, posture, mobility, and muscle strength. Using a combination of therapeutic exercises, guided movement, and play-based activities, children are supported in achieving important milestones such as sitting, standing, walking, and maintaining balance.

In addition to improving physical abilities, physical therapy helps prevent complications like muscle stiffness and poor posture. It also enhances endurance and overall physical development, enabling children to participate more actively in school, play, and social interactions.

Physical therapy is especially beneficial for children with conditions such as cerebral palsy, developmental delays, and other physical challenges. It empowers them to achieve a better quality of life and reach their full potential.

Every small step leads to a big achievement.



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Shield Project Awareness Session at Hope for Life Foundation



AKYSBP Karimabad Girl Guides Company successfully conducted the first awareness session of their Shield Project at the Hope for Life Foundation. The session was thoughtfully designed for differently-abled (DA) children and focused on the importance of earning, independence, and financial self-sufficiency.

Led by a dedicated team of seven guides, the session aimed to instill confidence and promote awareness about the value of independence. Through engaging discussions and interactive activities, the children were encouraged to understand essential life skills in a supportive and inclusive environment.

The initiative marked a meaningful step toward empowering young individuals, helping them build confidence and develop a sense of self-reliance for their future.



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Vocational Stall at Soneri Bank MT Khan Branch



The Hope for Life Foundation proudly set up a vocational stall at the Soneri Bank MT Khan Branch. Our talented students showcased a variety of beautiful handmade vocational items, highlighting their creativity, dedication, and practical skills.

The stall attracted numerous visitors, who highly appreciated the students' hard work and encouraged them in their efforts to build brighter and more independent futures. This initiative not only provided a platform for students to display their talents but also boosted their confidence and sense of achievement.

Such activities play a significant role in promoting inclusion and empowering children with special needs by providing them with opportunities to grow, learn, and thrive.



Best Teacher: Guiding Hearts, Shaping Futures

Our school is proud to recognize Ms. Zubaida Akber as the Best Teacher of the Quarter—a true example of dedication, professionalism, and compassion. She creates a nurturing and supportive learning environment that encourages curiosity, confidence, and growth among her students.

Beyond her classroom excellence, Ms. Zubaida Akber consistently demonstrates punctuality, discipline, and respectful conduct, setting a remarkable example for both students and colleagues. She actively contributes to school life by mentoring fellow teachers, participating in various activities, and maintaining an organized and positive classroom atmosphere.

Her unwavering commitment, enthusiasm, and all-round excellence continue to inspire everyone around her, making her a valued pillar of our school community.



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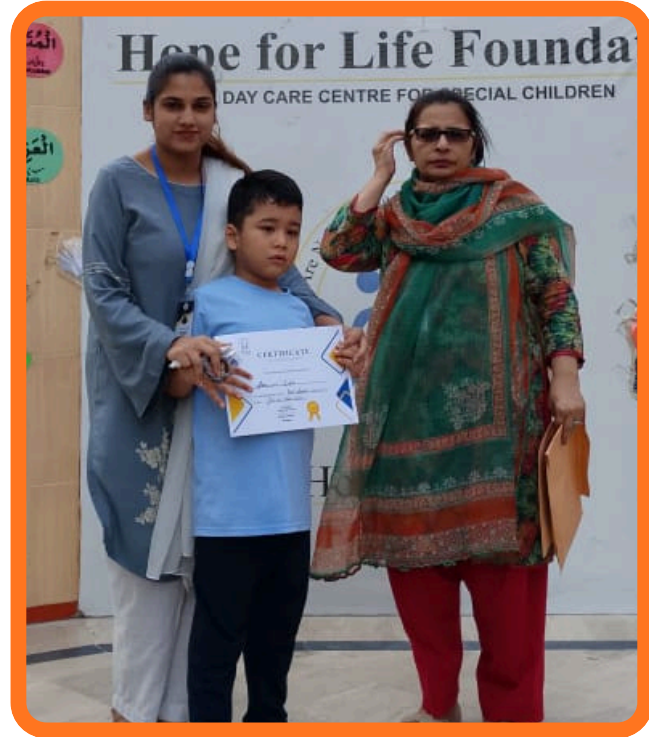
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BEST STUDENT AWARD — CELEBRATING PROGRESS

We are proud to present the Best Student Award to Amrullah Rasik, who has demonstrated remarkable progress and growth. Through consistent effort, encouragement, and support, this student has made meaningful improvements in communication, independence, and classroom engagement.

Each achievement, no matter how small, reflects determination, patience, and a strong willingness to learn. Their positive response to routines and increasing confidence serves as an inspiration to both staff and peers.

This award celebrates not only achievement but also the courage to keep trying and the unique strengths that make this student truly shine.



QUARTERLY ACHIEVEMENTS (JANUARY – MARCH 2026)

We are proud to present the Full Attendance Award to Zehra Mansoor and Zainab Bibi in recognition of their outstanding commitment and consistency throughout the quarter. Maintaining full attendance reflects a strong sense of responsibility, dedication, and enthusiasm for learning. This student's regular presence in school has contributed positively to their academic progress, social development, and overall growth. This award celebrates the importance of consistency, determination, and the value of showing up every day with a positive attitude.



HLF Official Sources

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