

15 January, 2026

NEWSLETTER



**HOPE FOR LIFE
FOUNDATION**

DAYCARE AND REHABILITATION
CENTRE FOR CHILDREN WITH
SPECIAL NEEDS



**HOPE FOR LIFE
FOUNDATION**

Daycare and
Rehabilitation
Centre for
Children with
Special Needs.

MONTHLY NEWSLETTER

This Newsletter Highlights
Achievements and
Improvements.



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A Journey of Hope Begins: Orientation Session at Hope for Life Foundation



Hope for Life Foundation conducted its Orientation Session on 20th December, marking a meaningful beginning for families joining the Foundation's mission of inclusion, care, and empowerment. The session was jointly conducted by Ms. Anila Jawed, Principal of Hope for Life Foundation, and Dr. Alizeh Rehman (PT), ensuring parents received both professional guidance and a comprehensive understanding of the organization.

Parents were warmly welcomed and introduced to the Foundation's vision of providing a safe, nurturing, and respectful environment where every child is valued and encouraged to reach their fullest potential.

Dr. Alizeh Rehman addressed the parents, outlining the daycare's structure, daily routines, safety protocols, and communication channels, while emphasizing the importance of collaboration between families and the Foundation. Her session focused on building clarity, trust, and confidence among parents as they begin this journey.



Ms. Anila Jawed then shared an inspiring overview of the Foundation's progress, highlighting the achievements of students to date. She proudly spoke about the students' academic growth, improved social skills, participation in co-curricular activities, and the milestones they had achieved through consistent support and encouragement. These success stories reflected the dedication of the staff and the resilience of the children. She also conveyed the Chairman's message, reaffirming the organization's unwavering commitment to empowering children with special needs and supporting their families with compassion and dedication.

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MINI-MARKET at Hope for Life Foundation



We believe in the all-round awareness and development of students. Almost everyone has regular activities to shop at the mini-market to meet their daily needs. A Minimarket is a wonderful place for children to be made aware of and learn about different kinds of foods and other things available there. On their visit to the mini-market, children were made to identify the types of different things found there.

HOPE FOR LIFE FOUNDATION created a MINI-MARKET with our students' program that was developed by educators, to create a positive environment so that all students can enjoy and socialise with their friends. HLF staff were shown different things about the minimarket (paper stems, pencils, colours, cakes, candies, etc.). They often offer a friendly and personalised service, with staff who are knowledgeable about the products they sell. Educators explained to them how things are bought, billed, and paid for. This taught them the feeling of responsibility. Some students shared their shopping experiences, which they had with their parents in the same mini-market. This allows students to see, smell, and touch money and learn about commodities that are available in a shopping cart and how they are purchased by people for their daily use.



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Vocational Items Stall at Expo Center Karachi



Hope for Life Foundation successfully established a Vocational Skills Stall at the Expo Center Karachi, where our Special Needs Students participated with remarkable passion, confidence, and determination.

During this initiative, students were guided on effective client communication, customer interaction, and basic selling skills, enabling them to present and sell vocational items independently. This hands-on experience helped enhance their confidence, social skills, and practical understanding of real-world business environments.

The primary purpose of the vocational stall was to encourage and empower special students while also creating awareness among parents and the community that every special child deserves equal opportunities in every field of life. Such initiatives highlight the abilities of special students and reinforce the importance of inclusion, equality, and self-reliance.



Hope for Life Foundation remains committed to creating platforms that nurture skills, build confidence, and promote a more inclusive society.

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SPORTS WEEK CELEBRATION AT HOPE FOR LIFE FOUNDATION



Hope for Life Foundation successfully celebrated Sports Week last week, creating an energetic and joyful environment for all participants. Students enthusiastically took part in various sports and physical activities, showcasing their talent, teamwork, and sportsmanship.

To acknowledge their outstanding performance, students who excelled in the events were rewarded with prizes and certificates, appreciating their dedication and effort throughout the week.

In addition, Hope for Life Foundation also extended special appreciation to the staff, presenting them with gifts in recognition of their hard work, support, and active engagement in making Sports Week a memorable and well-organized event. The celebration highlighted the spirit of unity, encouragement, and healthy competition among students and staff alike.



HLF Official Sources

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