

15 June, 2026

NEWSLETTER



HOPE FOR LIFE FOUNDATION

DAYCARE AND REHABILITATION CENTRE FOR CHILDREN WITH SPECIAL NEEDS



HOPE FOR LIFE FOUNDATION

Daycare and Rehabilitation Centre for Children with Special Needs.

MONTHLY NEWSLETTER

This Newsletter Highlights Achievements and Improvements.



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Pride of Hope for Life Foundation: Shahwaiz Naim Shines at Special Olympics Pakistan National Games 2026



The Athletics events of the **Special Olympics Pakistan National Games 2026** were held at Jinnah Stadium, bringing together talented athletes from Sindh, Punjab, the Federal region, and Khyber Pakhtunkhwa. A total of 148 athletes, comprising 105 males and 43 females, competed with remarkable enthusiasm, determination, and sportsmanship in events such as the 100m, 200m, 400m, 800m, 1500m, relays, shot put, mini javelin, and long jump.

We are delighted and proud to celebrate the outstanding performance of our student, Shahwaiz Naim, who achieved remarkable success during the competition. He secured 1st Position in the 100m Race, 4th Position in the Relay Event, and 6th Position in the 200m Race.

These achievements reflect Shahwaiz's dedication, discipline, consistent training, and unwavering commitment to excellence. His success serves as a shining example of how hard work, perseverance, and determination can lead to outstanding achievements. He has brought great pride to Hope for Life Foundation and serves as an inspiration to fellow students, athletes, and the wider community.



We congratulate Shahwaiz Naim on his exceptional performance and wish him continued success in all his future endeavors. His achievements remind us that with passion, confidence, and perseverance, every goal is within reach. 🏆🎉👏

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Creativity in Action: Our Vocational Stall at Gymkhana



Our students proudly showcased their creativity, talent, and vocational skills at a special stall organized at Gymkhana. Guided and supported by their dedicated teacher, they prepared a variety of handmade products and displayed them attractively for visitors to explore and appreciate.

From designing and creating the items to arranging the stall and engaging with customers, the students actively participated in every stage of the experience. This hands-on opportunity allowed them to develop practical skills, boost their confidence, and foster a sense of responsibility and independence.

The teacher's continuous encouragement, guidance, and support played a significant role in ensuring the success of the event and helping students perform with confidence and enthusiasm.



We are proud of our students for their hard work and dedication and look forward to seeing them continue to achieve success in future endeavors. 🌟👩🏫👧



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Introduction to Behavioural Therapy



Behavioural Therapy is an action-oriented form of therapy that focuses on identifying and changing unhealthy or maladaptive behaviours. It is based on the principle that all behaviours are learned and, therefore, can be unlearned or replaced with healthier and more functional habits. This therapeutic approach concentrates on specific behaviours that cause distress and examines the triggers that contribute to those behaviours. Through structured interventions, children are taught positive and effective ways to respond to different situations, helping them develop appropriate social, emotional, and behavioural skills.



Marigold Class: Nurturing Learning, Creativity, and Independence



The Marigold Class at Hope for Life Foundation provides a supportive and inclusive learning environment for girls of different ages and abilities. Through carefully designed Individualized Learning Plans (ILPs), each student receives instruction tailored to her unique needs, strengths, and learning goals.

Students engage in a variety of academic activities that promote confidence, communication, and independence. Subjects such as Mathematics, English, Urdu, and Oral Learning help develop essential life and academic skills.

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In Mathematics, students learn counting, money concepts, basic marketing, and time-management skills that support everyday functioning and independent living. English and Urdu lessons focus on literacy, reading, writing, sentence formation, communication, and language development, while younger learners build strong foundations through alphabets, phonics, and simple vocabulary.

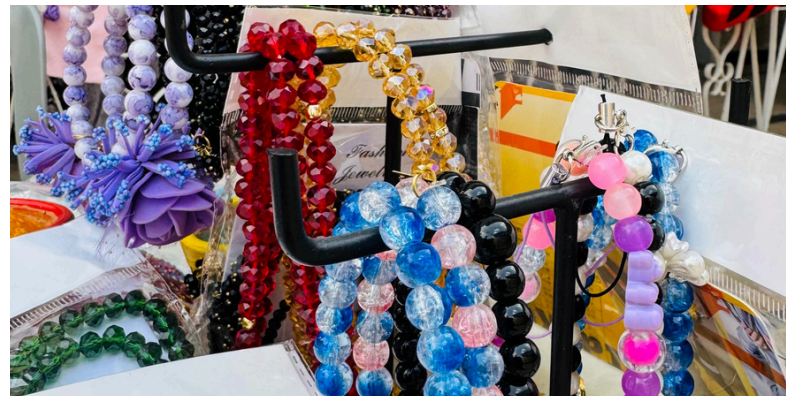


Oral learning activities, including the use of books, flashcards, magazines, storytelling, and interactive discussions, enhance general knowledge, speaking abilities, self-expression, and social communication skills.

Alongside academics, the Marigold Class offers a comprehensive vocational program that encourages creativity, functional skill development, and self-reliance.



Students participate in activities such as embroidery, jewelry making, block printing, tote bag and purse making, candle making, resin art, stitching, henna application, and various arts and crafts. These experiences help strengthen fine motor skills, concentration, creativity, problem-solving abilities, and self-confidence while enabling students to discover and develop their unique talents.



In the Marigold Class, learning goes beyond books—every lesson builds confidence, every skill nurtures independence, and every achievement helps a child bloom into her fullest potential. ✨🌸

HLF Official Sources

 Hope for Life Foundation  [hopeforlifefdn](https://www.instagram.com/hopeforlifefdn)  Hope for Life Foundation

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