

15 March, 2026

NEWSLETTER



**HOPE FOR LIFE
FOUNDATION**

DAYCARE AND REHABILITATION
CENTRE FOR CHILDREN WITH
SPECIAL NEEDS



**HOPE FOR LIFE
FOUNDATION**

Daycare and
Rehabilitation
Centre for
Children with
Special Needs.

MONTHLY NEWSLETTER

This Newsletter Highlights
Achievements and
Improvements.



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Outstanding Achievement at the 5th Muhammad Ali Inter Schools Taekwondo Championship 2026



We are proud to share that the 5th Muhammad Ali Inter Schools Taekwondo Championship 2026 was successfully organized by the Zulfi International Taekwondo Academy of Pakistan and held at the Sindh Youth Club. The event brought together talented students from various schools, providing a platform for young athletes to demonstrate their skills, discipline, and sportsmanship in the field of Taekwondo. 🏆

We are delighted to announce that our participating students delivered exceptional performances and secured several positions in the competition. Their hard work, dedication, and commitment to excellence were clearly reflected in their remarkable achievements. Each participant displayed outstanding determination, confidence, and respect for the spirit of the sport.



This success is a testament to the continuous efforts of our students, coaches, and supporters who encourage growth through sports and character building. 🌟

Congratulations to all our talented participants for representing us with pride and excellence. Your achievements inspire others and highlight the true spirit of perseverance and teamwork. We wish you continued success and many more victories in the future. Keep striving, keep shining, and keep making us proud! 🎉🏆

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The Role of Occupational Therapy in Improving the Quality of Life for Children with Special Needs

Occupational Therapy (OT) is a client-centered health service that focuses on helping individuals overcome physical, emotional, and social challenges. It involves the clinical design of intervention programs that support children with special needs in improving their functional abilities and becoming more independent in their daily living activities.

In pediatric occupational therapy, several key areas are addressed, including sensory processing, fine motor skills, gross motor skills, Activities of Daily Living (ADLs), cognitive skills, and social skills. The primary goal of OT is to enhance functional abilities so that children can perform their daily activities more independently.



Occupational therapy also plays an important role in building confidence and improving overall personality development. It helps children develop emotional regulation, sensory processing abilities, relationship-building skills, proprioceptive awareness, object-handling abilities, language skills, and self-care skills.

OT significantly improves the quality of life for children with special needs, including those with Autism, delayed milestones, Down syndrome, sensory processing disorder, spina bifida, cerebral palsy, hearing impairment, visual impairment, and multiple disabilities.



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Soneri Bank's Visit to Hope for Life Foundation: Advancing CSR Through Meaningful Community Engagement



As part of its Corporate Social Responsibility (CSR) initiatives, Soneri Bank visited Hope for Life Foundation to spend quality time with children with special needs and distribute thoughtful giveaways. The purpose of this visit was to promote inclusion, offer encouragement, and contribute positively to the well-being of the children.

The interaction created a joyful and uplifting atmosphere, allowing the children to engage warmly with the visiting team. Their smiles, excitement, and appreciation reflected the positive impact of the visit. Such initiatives highlight the importance of corporate involvement in community development and demonstrate how meaningful engagement can bring happiness, support, and motivation to children with special needs.

The visit not only strengthened community bonds but also reinforced the shared commitment to creating a more inclusive and supportive environment for everyone. 🌟👏💙



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PROUD ACHIEVEMENT: STUDENTS SELECTED FOR POWERLIFTING AND BOCCE TRAINING



We are pleased to inform you that the following students have been selected to participate in Powerlifting and Bocce training. This is a proud moment for our institution as our students continue to showcase their abilities and determination in sports. 🏋️🏆

The selected students will attend training sessions every Tuesday and Thursday during daycare timings to further develop their skills and prepare for upcoming competitions.

Our Proud Students

Powerlifting:

- Aamid Ashraf
- Hammadul Hassan

Bocce:

- Esmatullah
- Ameen Mohd
- Anusha
- M. Habib



HLF Official Sources

 Hope for Life Foundation  [hopeforlifefdn](https://www.instagram.com/hopeforlifefdn)  Hope for Life Foundation

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